

KELLY UPCROFT

MEDICAL ADMINISTRATION

Healthcare Consulting | Wellness Program Administrator | Hospital Administration

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Driven to make a difference

"Being in the medical field has challenged me to become better, stay focused on the end point and work harder to make a difference. It's a privilege to work in healthcare—one that comes with great responsibility for the health and wellbeing of others."

A thirst for knowledge, a passion for learning, and a respect for the power of knowledge that controls access to opportunity and advancement, have underscored career preferences. Making big plans, dreaming big, and striving for excellence, made healthcare a natural choice; a discipline that challenges physically, professionally and emotionally, sets obstacles to solve or circumvent, and pushes individuals to limits never imagined. Medical studies in Dubai, New York and Texas following international schooling has enriched cultural understanding, and developed nuanced strengths in communication.

VALUE PROPOSITION

"Demonstrates great professionalism. She will be an excellent physician"—N.K. Johnson, MD

"She will be a great doctor someday"—O.R. Van Der Hock, MD

"If Natasha keeps up the way she performed in this rotation, she will be an extraordinary physician"—A.L. Tomasini, MD

EDUCATION

Master of Business Administration (MBA)

Healthcare Management
University of North Texas (2016–Present)

Doctor of Medicine

Medical Clerkship
Baylor College of Medicine (2013–2016)

Introduction to Clinical Medicine

The Manhattan Institute, NYC (3 months)
Allied Medical Training School (2012)

Basic Sciences

Dubai Medical College (2008–2012)

High School Graduation

Bradenton Academy Dubai (2008)

AREAS OF EXPERTISE

- Clinical theory and practice
- Critical thinking
- Planning/organizing
- Teaching/training
- Research
- Technology mastery

BEST KNOWN FOR

- Vision: striving for excellence
- Resilience and adaptability
- Interpersonal abilities/cultural competence
- Problem-solving/reasoning
- Creative thought

CONFERENCES | WORKSHOPS | TRAINING

- National Conference on Women's Health, Accredited by the United Arab Emirates Ministry of Health.
- Workshop: Introduction to ECG & Rhythm Interpretation, Dr. Ahmed M. Elderson, Lecturer/Specialist, Department of Cardiology, Dubai Medical College.
- Workshop: Basic Life Support, Dr. S. Suvararamam, Chief of Medical Staff/Head of Department of Anesthesia, Dubai Medical College.
- 9th U.A.E. International Conference and Exhibition on Anesthesia & Pain Medicine, Dubai Health Authority and University of North Texas.
- Certificate of Completion: Basic HIPAA Privacy and Security.

ACADEMIC PROJECT EXAMPLE

MICRO CASE STUDY

Assessing Nurse Stress and Patient Satisfaction in Dubai Hospital—a questionnaire-based cross-sectional study.

Distributed questionnaires to nurses and the patients of Dubai Medical College to determine the level of stress experienced by nurses, patients perceived level of care, and whether stress affected patient care outcomes. Overcame nurses' reluctance to participate during peak times by attending during different shifts, and encouraging form completion in quieter times.

Helped collect the data, recorded results for analysis, contributed to the team's writing and research for the final paper, and presented the project to the class and the Community Medical Faculty at Dubai Medical College.

COMMUNITY OUTREACH

- Founded Dubai Medical College's Women's Football Team. Competed against four universities in the region and concluded each season as first-place getters.
- Screened the public for hyperglycemia, hypertension and potential risk for cardiovascular disease as part of National Diabetes Day—a public awareness initiative by the United Arab Emirates Ministry of Health.
- Contributed to a healthy lifestyle promotion as part of a campaign by the World Health Organization (WHO). Screened for hypertension, diabetes and obesity, and counselled on diet, lifestyle modifications and risk-factor reductions.
- Engaged as a Runner for the Emergency Medical Team at the MotoGP in Qatar. Ensured medical team radios were charged and allocated to on-duty medical staff.
- Member of Toastmasters International.

MEDICAL CLERKSHIP

- **Surgery, 12 weeks.** Orthopedics, Urology, General Surgery. Locations: University of North Texas Hospital, Texas and private practices in Texas and Irving.
- **Internal Medicine (12 weeks).** Nephrology, Internal Medicine. Texas Hospital, Texas.
- **Family Medicine (6 weeks).** Private practice, Fort Worth, Texas.
- **Psychiatry (6 weeks).** Green Oaks Hospital, Dallas, Texas.
- **Obstetrics and Gynecology (6 weeks).** Women's Hospital of Texas, Fort Worth Texas.
- **Pediatrics (6 weeks).** Private practice, Dallas, Texas.

ELECTIVES

Infectious Disease (4 weeks); Internal Medicine (2 weeks); Nephrology (4 weeks); Cardiology (2 weeks); Emergency (5 weeks); Family Medicine (7 weeks). Locations: North Hills Hospital, Texas; Texas Health Harris Methodist Hospital.

LANGUAGES

English and Afrikaans (fluent)

TECHNOLOGY SNAPSHOT

Microsoft Office, Medical Records Program: Epic Electronic Health Record software.